

Overall Energy Balances - Form 1

Conditions to Be Adjusted (note whether conditions are chronic or acute):

Overall Energy Balances - Form 2

AIR

| | Clarity | Carrier | Reflective | Compressible | Expandable | Easy Flow | Reactive |
|----------|-----------------|---------|------------|--------------|------------|-------------|-----------|
| Clear | | | | | | | |
| White | | | | | | | |
| Sky Blue | | | | | | | |
| | Shape Malleable | Mutable | Insulator | Stable | Mediator | Lightweight | Masculine |
| Clear | | | | | | | |
| White | | | | | | | |
| Sky Blue | | | | | | | |

FIRE

| | Non-Mutable | Power | Radiative | Motivator | Weightless | Masculine |
|---------------|-------------|-------|-----------|-----------|------------|-----------|
| Sun Yellow | | | | | | |
| Yellow Orange | | | | | | |
| Red Orange | | | | | | |
| Bright Red | | | | | | |
| Deep Red | | | | | | |

